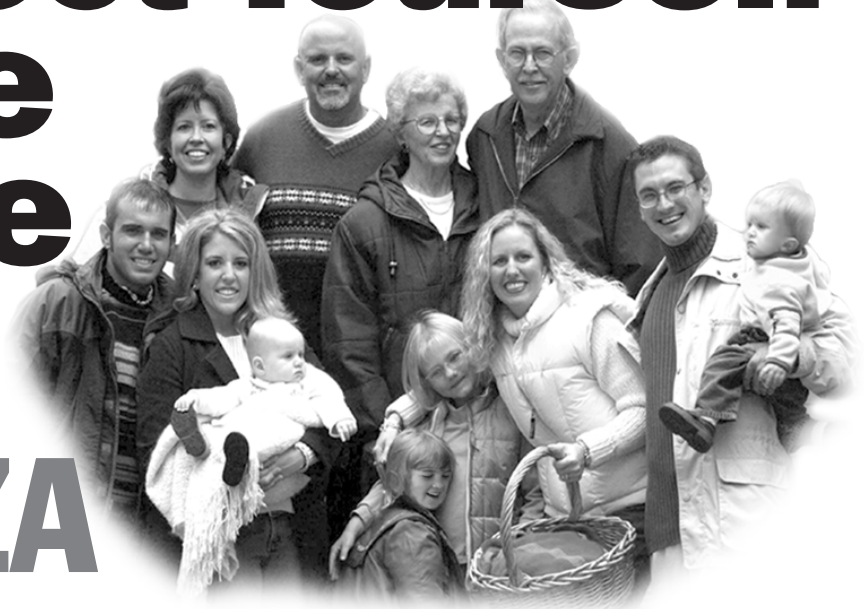


To Protect Yourself & Those You Love

get immunized
against
INFLUENZA



**BEST
TIME!**

October & November

The **"GET-IMMUNIZED-EARLY"** List:

But you can still get vaccinated in
December and beyond

- **Adults aged 50 or over—Even if you're in great health!**
- **Infants aged 6 months to 23 months**
Children younger than 2 years old have one of the highest rates of hospitalizations due to influenza
- **Anyone with a chronic health condition**
These include: heart disease, diabetes, kidney disease, asthma, cancer, HIV/AIDS
- **Children 6 months to 8 years old getting flu vaccine for the first time**
These children will need a follow-up booster one month after the first dose of vaccine
- **Women who will be more than 3 months pregnant during flu season**, which is typically November–March
- **Health care workers**
- **Household contacts or caregivers of adults or children at high risk***

high risk includes **adults 65 and older, infants under 24 months (babies less than 6 months can get influenza but are too young to get flu vaccine), **anyone with chronic health problems, and pregnant women***



Get Your Flu Vaccine!



Department of Health
and Human Services
Centers for Disease Control
and Prevention